# Secular Trends in Patent Ductus Arteriosus Management in Preterm Infants within the NICHD Neonatal Research Network

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#### Introduction

- Management of clinically significant patent ductus arteriosus (PDA) remains controversial.
- There are reports of a decrease in the diagnosis and medical treatment or procedural closure of the PDA.
- There are no recent data on PDA management trends specific to tertiary care academic centers in the United States.

#### Objective

To evaluate changes in PDA diagnosis and treatment 2012-2021 in a network of U.S. academic hospitals.

#### **Methods**

- The study included prospectively collected data for infants born at gestational ages 22 0/7 through 28 6/7 weeks from 2012 to 2021.
- Twenty-three continually participating hospitals in the NICHD Neonatal Research Network were included.
- Annual PDA diagnosis and treatment rates were compared using the Cochran-Armitage trend test to evaluate time-related changes in proportions.
- Additional analyses were completed for gestational age-specific temporal trends.
- Multivariate logistic regression comparing PDA treatment (yes/no) over years was performed for both gestational age strata with adjustments for maternal and infant characteristics and other treatments.

#### Results

#### **Entire Cohort**

- 12982 infants
- Mean GA 26.2 weeks, BW 855g

#### **22 0/7-25 6/7 weeks subgroup** (Figure 1) PDA diagnosis increased 57% to 62% **PDA treatment** unchanged 42% to 41%

### **26 0/7-28 6/7 weeks subgroup** (Figure 2) PDA diagnosis unchanged 36% to 37%

- **PDA treatment** decreased 20% to 15%

#### **PDA Treatment (Entire Cohort)** (Figure 3)

- Indomethacin use decreased 22% to 9%
- **Ibuprofen** use unchanged 5% to 7%
- PDA ligation decreased 8% to 2%

#### **Adjusted Analysis**





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### PDA diagnosis increased 43% to 46% from 2012 to 2021 PDA treatment decreased 28% to 24% from 2012 to 2021

Acetaminophen use increased 2% to 13% **Transcatheter PDA closure** increased 1% to 5%

22-28W: Decrease in PDA treatment with time (p=0.0002) 22-25W: Birth year had no association with treatment (p=0.35) 26-28W: Decrease in PDA treatment with time (p=0.0004)



Figure 1



Figure 2

### NEONATAL RESEARCH NETWORK



#### Results



Figure 3

#### **Conclusions**

- Medical treatment or procedural closure of PDA decreased among infants born at 26 0/7-28 6/7 weeks but not among younger infants born at 22 0/7-256/7 weeks.
- Treatment with acetaminophen and transcatheter PDA closure became more common during this time period.
- The impact of these secular changes on mortality and neonatal morbidity requires investigation.





